



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Locker Room Guidelines

- Lockers are available for day use by members and guests in the Day Use Lockers section of the locker room. Locks left on overnight will be removed. Lockers are also available to rent for the year in the Rental Lockers section of the locker room. See the front desk for details.
- For the privacy of others, cameras and other recording devices should never be used in locker rooms. Please be courteous and limit phone calls to the lobby area.
- Be sure to lock all belongings in a locker for their safekeeping.
- Help us conserve water by turning off showers and faucets when not in use and do not hold or prop steam room doors open.
- Children should use the appropriate boys or girls locker room, or the family locker room. Adult locker rooms are for ages 18+.
- The family locker room is available for use by anyone who needs adult assistance in a locker room or by others by special arrangement. If adult assistance is not needed or arrangements with Y staff have not been made, please use the appropriate adult or children's locker room.
- For your convenience bath towels and locks are available to purchase at the front desk.
- For the safety and comfort of all of our guests, please do not eat, use hair dyes/colors, or use products with strong smells in locker rooms or bathrooms.
- To help maintain an environment that is safe and comfortable for all please use a towel when leaving the showers.
- So that everyone has the opportunity to use the changing stalls and benches, please refrain from leaving your belongings in or on them while you exercise or shower.

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